

# 2016 Sideline Cheer Clinics and Tryouts

## Caledonia High School Mat Room

Clinic: Mon Tues Wed May 23, 24 & 25, 3-4:30 pm

Tryouts: Tuesday May 31, 3-6 pm

Requirements that will all be taught at Clinics:

Chant (taught by graduating seniors)

Fight Song

Toe Touch Jump, Switch Split, Herkie Jump, attempt Back walkover, Back handspring (may use spotter)

Stunting observation throughout clinics

What to wear for CLINICS: shorts, t-shirt, hair up, no jewelry, no gum, athletic shoes

What to wear for TRYOUTS: dark shorts, white shirt, hair up, no jewelry, no gum, athletic shoes

Questions?

Coach Smith

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caledoniacheer.com

Look for us on Facebook!

\*Important Dates: Athletic Physicals June 1<sup>st</sup> 6-8 pm, Cheer Parent Meeting June 6<sup>th</sup> 6 pm